



Reiki 1 Workshop

May 6, 2017
at Museflower Retreat & Spa
Chiang Rai, Thailand

Usui Reiki is a hands-on healing method which originated in Japan. It replenishes the body's energies, balances our 7 major chakras and facilitates deep healing on many levels: mind, body & spirit. This is a beginner training course which is open to anyone interested in learning self-healing and how to assist healing for other people, nature & animals.

You will learn & receive:

- How to give a Reiki session to oneself & others
- Detailed course manual
- Attunements for Reiki 1
- The 7 major Chakras & their functions
- Guided meditation practice
- Techniques for grounding, protection and clearing
- Beginning Chi Gong to support your Reiki practice
- Reiki 1 certification
- Other tools to enhance your Reiki practice
- Tea & light snack

There are many benefits of Reiki. Many people have healed themselves of Cancer, chronic pain, arthritis, sleep disorders, depression, asthma and a wide variety of health conditions. Reiki is also a wonderful way to support people in recovery from operations or to heal broken bones. I have personally used Reiki to heal my broken arm after a motorbike accident. It is truly empowering to know that we all have the capacity to heal ourselves and others. I would be honored if you choose to join me for this very special day of discovering the magic of reiki.



About Michele

Michele Cempaka became a Reiki Master in 2007 which was a catalyst for a major life change that led her to the path of becoming a full time energy healer. She is also a Shamanic teacher & practitioner, certified hypnotherapist, Access BARS practitioner, Transformational Coach & has originated her own healing modality called ETRCC (Emotional therapy thru Reiki Chakra Clearing).

She has lived on Bali since 2002 & during this time she had experiential teachings and sacred initiations by Ibu Ayu Cantik – a Balinese channeler for sacred trance dancing. Michele is passionate about sharing many tools to help empower people to be and have more greatness in their lives. www.spiritweaverjourneys.com



Retreat participants US\$170

In-house guests US\$225

Registration with full payment in advance is required.

Space is limited to 8 people, so please register early.

For registration and more information, please email: mcempaka@gmail.com